

## 2. Steinfurter Volksbank Triathlon Volksdistanz

Platz	Name/Vorname	Verein	Schwimmen	Rad	Laufen	Zeit	AK	Plz	Platz M/W	Zeitstrafe
1	Günnigmann Michael	Tri Finish Münster	00:06:45	00:41:00	00:17:49	01:05:34	M 25	1	1	00:00:00
2	Veldhuis Jan	SC Altenrheine	00:07:08	00:40:49	00:20:15	01:08:12	M 20	1	2	00:00:00
3	Flockau Sascha	Tri Finish Münster	00:06:56	00:43:05	00:18:47	01:08:48	M 30	1	3	00:00:00
4	Brünink Johannes	TVE Greven Triathlon	00:08:11	00:42:51	00:18:16	01:09:18	M 40	1	4	00:00:00
5	Dunkel Thomas	RV Teutoburg	00:09:13	00:42:14	00:18:15	01:09:42	M 30	2	5	00:00:00
6	Knappeheide Dirk	Tri-Team- Warendorf	00:07:03	00:43:57	00:18:48	01:09:48	M 40	2	6	00:00:00
7	Hegemann Benedikt	Tri Finish Münster	00:08:28	00:42:24	00:19:22	01:10:14	M 30	3	7	00:00:00
8	Blaschke Göran	SC Altenrheine	00:07:58	00:44:00	00:18:42	01:10:40	M 35	1	8	00:00:00
9	Steinkamp Robert	GW Westkirchen	00:08:47	00:45:25	00:18:22	01:12:34	M 35	2	9	00:00:00
10	Donisch Thorsten	fair gewinnt e.V.	00:10:36	00:42:59	00:20:31	01:14:06	M 35	3	10	00:00:00
11	Bockolt Peter	SV Gladbeck 13	00:09:08	00:45:50	00:20:11	01:15:09	M 45	1	11	00:00:00
12	Lemke Sebastian	LTC Follow Me	00:09:07	00:45:18	00:21:11	01:15:36	M 30	4	12	00:00:00
13	Böttick Carsten	LC Nordhorn	00:09:16	00:47:13	00:20:00	01:16:29	M 30	5	13	00:00:00
14	Hoppe Sebastian	Sv-Blau Weiss Bochum	00:07:07	00:47:07	00:22:27	01:16:41	M 25	2	14	00:00:00
15	Gerling Hendrik	BSG-Westfalen AG	00:09:19	00:46:03	00:21:21	01:16:43	M 30	6	15	00:00:00
16	Schulte Christian	Lingen	00:10:08	00:46:20	00:20:22	01:16:50	M 35	4	16	00:00:00
17	Gabel Hans-Jürgen	TSV Bayer 04 Leverkusen	00:08:54	00:45:27	00:23:39	01:18:00	M 50	1	17	00:00:00
18	Kuhlmann Björn	Tus 09 Erkenschwick	00:10:01	00:49:03	00:19:37	01:18:41	M 25	3	18	00:00:00
19	Beuel Christian	LC Nordhorn	00:09:11	00:48:26	00:21:07	01:18:44	M 25	4	19	00:00:00
20	Krützkemper Tobias	Feuerwehr Münster	00:08:26	00:48:25	00:21:56	01:18:47	M 30	7	20	00:00:00
21	Schwarze Christian	Toshiba	00:10:58	00:46:56	00:20:58	01:18:52	M 40	3	21	00:00:00
22	Meier Jörg	TV-Werne 03	00:10:34	00:47:26	00:21:24	01:19:24	M 45	2	22	00:00:00
23	Winter Benjamin	LC Nordhorn	00:09:01	00:48:34	00:21:52	01:19:27	M 20	2	23	00:00:00
24	Marienfeld Markus	Warendorf	00:10:35	00:49:52	00:19:18	01:19:45	M 40	4	24	00:00:00
25	Kuhn Andreas	Buersche Jungs	00:09:18	00:49:14	00:21:43	01:20:15	M 30	8	25	00:00:00
26	Brege Bernd	LC Nordhorn	00:10:19	00:47:40	00:22:27	01:20:26	M 40	5	26	00:00:00
27	Knoop Volker	LC Nordhorn	00:09:11	00:48:44	00:22:32	01:20:27	M 30	9	27	00:00:00
28	Bien Rainer	Georgs Reha & Vital Hörs	00:11:29	00:47:17	00:21:42	01:20:28	M 45	3	28	00:00:00
29	Pöpping Teresa	Trifinish Münster	00:08:28	00:50:19	00:21:58	01:20:45	W 25	1	1	00:00:00
30	Scholz Jonas	SC Nordwalde	00:09:55	00:49:29	00:21:47	01:21:11	M 30	10	29	00:00:00
31	Powerski Ralf	wesel	00:09:16	00:49:51	00:22:17	01:21:24	M 45	4	30	00:00:00
32	Schürmann Hendrik	Tri Finish Münster	00:10:21	00:47:11	00:24:06	01:21:38	M 35	5	31	00:00:00
33	Andrei Christian	Ahaus	00:10:07	00:50:11	00:21:35	01:21:53	M 30	11	32	00:00:00
34	Probst Wolfgang	Marathon Steinfurt	00:10:00	00:50:17	00:21:37	01:21:54	M 40	6	33	00:00:00
35	Hopster Ruben	Holteln (NL)	00:10:17	00:47:10	00:24:39	01:22:06	M 30	12	34	00:00:00
36	Wohlgemuth Christian	TSG Dülmen	00:09:27	00:50:32	00:22:21	01:22:20	M 35	6	35	00:00:00
37	Riesenbeck Dominik	Blau Weiß Lohne Triathlo	00:10:34	00:48:41	00:23:11	01:22:26	M 20	3	36	00:00:00
38	Grond Josef	Marathon Steinfurt	00:11:52	00:49:51	00:20:45	01:22:28	M 55	1	37	00:00:00
39	Teigeler Martin	Marathon Steinfurt	00:09:06	00:50:19	00:23:22	01:22:47	M 40	7	38	00:00:00
40	Feld Michael	Sundermann Münster	00:10:44	00:50:01	00:22:13	01:22:58	M 25	5	39	00:00:00
41	Pupkes Hendrik	ASV Köln	00:08:10	00:50:58	00:24:03	01:23:11	M 30	13	40	00:00:00
42	Kohstall Sascha	Lotte	00:08:44	00:50:59	00:23:33	01:23:16	M 35	7	41	00:00:00
43	Kocks Ulli	SC Altenrheine	00:11:41	00:48:12	00:23:31	01:23:24	M 50	2	42	00:00:00
44	Dillmann Michael	Marathon Steinfurt	00:10:29	00:51:55	00:21:11	01:23:35	M 35	8	43	00:00:00

## 2. Steinfurter Volksbank Triathlon Volksdistanz

Platz	Name/Vorname	Verein	Schwimmen	Rad	Laufen	Zeit	AK	Plz	Platz M/W	Zeitstrafe
45	Heckhuis Michael	SC Altenrheine	00:11:15	00:51:26	00:21:17	01:23:58	M 45	5	44	00:00:00
46	Blisch Silvana	Tri Finish Münster	00:09:12	00:51:27	00:23:43	01:24:22	W 30	1	2	00:00:00
47	Scheid Franz	Team-Nordenia	00:09:10	00:53:05	00:22:08	01:24:23	M 40	8	45	00:00:00
48	Epkenhans Martin	Tri Finish Münster	00:10:33	00:50:36	00:23:30	01:24:39	M 55	2	46	00:00:00
49	Zweihaus Ruth	TVE-Greven-Triathlon	00:10:14	00:52:12	00:22:16	01:24:42	W 45	1	3	00:00:00
50	Menke Ralf	nur zum Spass	00:09:42	00:53:50	00:21:17	01:24:49	M 40	9	47	00:00:00
51	Bleidißel Martina	Tri Finish Münster	00:08:34	00:52:30	00:23:49	01:24:53	W 25	2	4	00:00:00
52	Sumbeck Imke	FC Schüttorf	00:09:47	00:52:52	00:22:31	01:25:10	W 25	3	5	00:00:00
53	Bays Anne	Tri Finish Münster	00:10:14	00:51:57	00:23:09	01:25:20	W 30	2	6	00:00:00
54	Scheid Philipp	Team-Nordenia	00:09:39	00:51:36	00:24:06	01:25:21	M Jun	1	48	00:00:00
55	Bottegal Attilo	Enschede	00:12:33	00:52:07	00:20:51	01:25:31	M 35	9	49	00:00:00
56	Lehr Thomas	Münster	00:09:45	00:52:35	00:23:17	01:25:37	M 50	3	50	00:00:00
57	Stöckel Frank	TSG Burg Gretesch	00:11:16	00:51:38	00:22:47	01:25:41	M 40	10	51	00:00:00
58	Heiming Jan	SVKT Tri-4-Fun	00:09:42	00:50:20	00:25:54	01:25:56	M 25	6	52	00:00:00
59	Ottoweiß Silvia	LC Nordhorn	00:10:37	00:52:20	00:23:01	01:25:58	W 45	2	7	00:00:00
60	Ritter Markus	Laufftreff OttiBotti	00:11:07	00:51:28	00:23:27	01:26:02	M 40	11	53	00:00:00
61	Bischoff Bettina	SV Gladbeck 13	00:10:51	00:52:20	00:22:53	01:26:04	W 45	3	8	00:00:00
62	Holtkamp Torsten	Münster	00:10:53	00:52:25	00:22:51	01:26:09	M 25	7	54	00:00:00
63	Gehlen Markus	LG Rheine-Elte	00:11:34	00:52:05	00:22:33	01:26:12	M 40	12	55	00:00:00
64	Schäfer Denise	SC Altenrheine	00:08:06	00:50:55	00:27:16	01:26:17	W 30	3	9	00:00:00
65	Voß Stefan	TV Bakum	00:10:19	00:54:36	00:21:37	01:26:32	M 30	14	56	00:00:00
66	Averesch Sebastian	DJK Coesfeld	00:11:21	00:53:47	00:21:42	01:26:50	M 35	10	57	00:00:00
67	Hüsing Rainer	Marathon Steinfurt	00:10:48	00:51:43	00:24:26	01:26:57	M 50	4	58	00:00:00
68	Sanader Dean	Adler Weseke	00:10:16	00:50:28	00:26:19	01:27:03	M 35	11	59	00:00:00
69	Höing Susanne	Münster	00:10:17	00:52:47	00:24:19	01:27:23	W 30	4	10	00:00:00
70	Lohaus Jürgen	Heiden	00:10:07	00:53:00	00:24:18	01:27:25	M 35	12	60	00:00:00
71	Hupka Robert	Wasser+Freizeit Münster	00:08:08	00:52:45	00:26:33	01:27:26	M 20	4	61	00:00:00
72	Harnacke Hagen	8BarOnes - Tri Friends	00:12:19	00:53:50	00:21:22	01:27:31	M 25	8	62	00:00:00
73	Edelmeier Henning	Tri Star Oelde	00:10:55	00:51:11	00:25:31	01:27:37	M 20	5	63	00:00:00
74	Marquardt Anika	SV Gladbeck 13	00:09:10	00:50:51	00:27:36	01:27:37	W 30	5	11	00:00:00
75	Figur Steve	Gronau-Epe	00:10:08	00:53:34	00:24:00	01:27:42	M 30	15	64	00:00:00
76	Elftmann Carsten	Steinfurt	00:11:28	00:51:15	00:25:02	01:27:45	M 40	13	65	00:00:00
77	Erlenkaemper Maren	fair gewinnt e.V.	00:10:15	00:50:30	00:27:13	01:27:58	W 30	6	12	00:00:00
78	Ott Christian	ETG - Recklinghausen	00:09:12	00:52:43	00:26:13	01:28:08	M 40	14	66	00:00:00
79	Frieling Martin	Havixbeck	00:09:02	00:52:53	00:26:18	01:28:13	M 35	13	67	00:00:00
80	Besting Ulrich	Münster	00:10:51	00:53:59	00:23:27	01:28:17	M 50	5	68	00:00:00
81	Arning Eva-Maria	Spiridon Haltern	00:11:32	00:55:24	00:21:21	01:28:17	W 40	1	13	00:00:00
82	Martens Bernd	Team Sogama	00:11:02	00:51:14	00:26:02	01:28:18	M 55	3	69	00:00:00
83	Stasiak Thomas	Tri-As Hamm	00:10:52	00:50:52	00:26:39	01:28:23	M 45	6	70	00:00:00
84	Lenfort Stefan	SC Nordwalde	00:11:22	00:48:23	00:28:59	01:28:44	M 40	15	71	00:00:00
85	Wittchen Sonja	Marathon Steinfurt	00:09:41	00:53:51	00:26:08	01:29:40	W 40	2	14	00:00:00
86	Lingnau Jan	Buersche Jungs	00:11:13	00:53:03	00:25:28	01:29:44	M 25	9	72	00:00:00
87	Schnückler Kai	Nordwalde	00:14:16	00:53:39	00:21:51	01:29:46	M 40	16	73	00:00:00
88	Strücker Dorothee	Spelle	00:08:29	00:54:52	00:26:29	01:29:50	W 40	3	15	00:00:00

## 2. Steinfurter Volksbank Triathlon Volksdistanz

Platz	Name/Vorname	Verein	Schwimmen	Rad	Laufen	Zeit	AK	Plz	Platz M/W	Zeitstrafe
89	Weglage Holger	TVE Greven Triathlon	00:10:01	00:52:11	00:27:41	01:29:53	M 40	17	74	00:00:00
90	Hentschel Stefan	Münster	00:10:39	00:55:42	00:23:44	01:30:05	M 40	18	75	00:00:00
91	Hülskötter Manfred	SC Nordwalde	00:09:19	00:59:30	00:22:04	01:30:53	M 50	6	76	00:00:00
92	Dauwe Jürgen	Germania Horstmar	00:11:12	00:56:47	00:23:04	01:31:03	M 40	19	77	00:00:00
93	Herbert Mess	Germania Asbeck	00:13:10	00:55:10	00:22:44	01:31:04	M 40	20	78	00:00:00
94	Demter Udo	Steinfurt	00:10:08	00:58:24	00:22:42	01:31:14	M 40	21	79	00:00:00
95	Hantke Paul	TV Gronau	00:12:12	00:54:55	00:24:14	01:31:21	M 65	1	80	00:00:00
96	Niedick Tanja	ZRuFV Neuenkirchen e.V.	00:11:24	00:56:22	00:23:36	01:31:22	W 35	1	16	00:00:00
97	Teutemacher Tobias	Team Erdinger Alkoholfrei	00:08:55	00:58:09	00:24:32	01:31:36	M 45	7	81	00:00:00
98	Montag Kerstin	TV Werne 03 Wasserfreu	00:10:04	00:56:24	00:25:22	01:31:50	W 35	2	17	00:00:00
99	Schierjott Manfred	Datteln	00:12:18	00:55:39	00:24:06	01:32:03	M 55	4	82	00:00:00
100	Jahn Klaus	HSC TriTeam Hamm	00:11:29	00:55:40	00:25:30	01:32:39	M 55	5	83	00:00:00
101	Beelmann Frank	SV Eltern	00:13:38	00:57:30	00:21:38	01:32:46	M 35	14	84	00:00:00
102	Laudage Dirk	Altenberge	00:10:32	00:52:58	00:29:18	01:32:48	M 30	16	85	00:00:00
103	Kanert Ludger	TRI STAR OELDE	00:13:29	00:54:36	00:24:43	01:32:48	M 45	8	86	00:00:00
104	Söntgerath Friedhelm	RTV Lohmar	00:13:45	00:50:14	00:29:00	01:32:59	M 60	1	87	00:00:00
105	Wijnhoven Bert	sv eltern	00:11:48	00:56:51	00:24:39	01:33:18	M 50	7	88	00:00:00
106	Wallenborn Anna	TV Goch	00:10:10	00:54:00	00:29:40	01:33:50	W 20	1	18	00:00:00
107	Barenbrügge Ulrike	SC-Falke Saerbeck e.V.	00:10:57	00:56:44	00:26:12	01:33:53	W 40	4	19	00:00:00
108	van der Wal Simon	laer	00:13:16	00:56:45	00:23:53	01:33:54	M 35	15	89	00:00:00
109	Geuker Jens	TuS Altenberge 09	00:11:25	00:58:13	00:24:32	01:34:10	M 35	16	90	00:00:00
110	Pellengahr Martin	Zug aufe Kette Münster	00:12:37	00:54:52	00:27:07	01:34:36	M 30	17	91	00:00:00
111	Wernink Gerhard	Marathon Steinfurt	00:09:12	00:57:41	00:27:52	01:34:45	M 40	22	92	00:00:00
112	Dütschke Guido	Münster	00:11:14	00:58:16	00:25:25	01:34:55	M 40	23	93	00:00:00
113	Drescher Vera	LTC Follow me	00:11:24	00:57:44	00:25:49	01:34:57	W 25	4	20	00:00:00
114	Kleve Kathrin	Sundermann Münster	00:08:31	00:59:54	00:26:49	01:35:14	W 25	5	21	00:00:00
115	Schröder Wolfgang	Union Blau Weiss Biesfel	00:14:22	00:57:51	00:23:17	01:35:30	M 40	24	94	00:00:00
116	Glaw Marco	Kaarst	00:12:02	00:56:14	00:27:26	01:35:42	M 45	9	95	00:00:00
117	Servos Sascha	Düsseldorf	00:10:32	01:01:09	00:24:04	01:35:45	M 35	17	96	00:00:00
118	Strothmann Gerald	TV Werne 03 Wasserfreu	00:11:58	00:57:17	00:26:57	01:36:12	M 40	25	97	00:00:00
119	Arnold Miriam	Tri Finish Münster	00:10:20	00:57:12	00:28:45	01:36:17	W 35	3	22	00:00:00
120	Averhoff Dieter	RSG Warendorf-Frecken	00:11:55	00:56:45	00:27:39	01:36:19	M 45	10	98	00:00:00
121	Ritzenhöfer Tobias	Gronau	00:13:10	00:56:23	00:27:22	01:36:55	M 30	18	99	00:00:00
122	Beenen Christoph	Nordwalde	00:12:28	01:01:55	00:22:49	01:37:12	M 45	11	100	00:00:00
123	Osterkamp Josef	DJK Coesfeld	00:16:09	00:52:50	00:28:31	01:37:30	M 70	1	101	00:00:00
124	Völkert Hinz	LSF Münster	00:15:18	00:56:26	00:26:18	01:38:02	M 60	2	102	00:00:00
125	Wachsmann Rainer	Marathon Steinfurt	00:13:04	01:02:24	00:22:39	01:38:07	M 45	12	103	00:00:00
126	Kurzhals Wolfgang	steinfurt	00:12:41	01:01:11	00:24:18	01:38:10	M 40	26	104	00:00:00
127	Wichert Brigitte	Wasser & Freizeit MS	00:13:06	00:58:03	00:27:06	01:38:15	W 45	4	23	00:00:00
128	Toonen Hendricus	Laer	00:12:17	00:59:39	00:26:27	01:38:23	M 40	27	105	00:00:00
129	Blauhut Rolf	Delmenhorst	00:12:42	00:56:41	00:29:02	01:38:25	M 70	2	106	00:00:00
130	Lederer Thomas	Tri-As Hamm	00:12:16	00:58:25	00:28:08	01:38:49	M 45	13	107	00:00:00
131	Beck-Werz Lisa	Düsseldorf	00:10:52	00:57:13	00:31:44	01:39:49	W 20	2	24	00:00:00
132	Manske Ewald	TRITROP	00:11:47	00:58:27	00:29:43	01:39:57	M 55	6	108	00:00:00

## 2. Steinfurter Volksbank Triathlon Volksdistanz

Platz	Name/Vorname	Verein	Schwimmen	Rad	Laufen	Zeit	AK	Plz	Platz M/W	Zeitstrafe
133	Husemann Cordula	Osnabrück	00:11:08	01:01:02	00:29:14	01:41:24	W 40	5	25	00:00:00
134	Richter Klaus	Münster	00:12:31	01:02:13	00:26:51	01:41:35	M 40	28	109	00:00:00
135	Timmermann Carsten	Münster	00:08:38	01:06:04	00:26:54	01:41:36	M 35	18	110	00:00:00
136	Bobermin Uwe	TUS Altenberge	00:13:08	00:59:15	00:29:21	01:41:44	M 50	8	111	00:00:00
137	Altmann Marion	DLRG Spelle	00:08:40	01:03:48	00:29:50	01:42:18	W 35	4	26	00:00:00
138	Schultze Kerstin	Willich	00:11:20	00:59:26	00:32:24	01:43:10	W 40	6	27	00:00:00
139	Gude Stefan	Marathon-steinfurt	00:14:44	01:03:22	00:25:44	01:43:50	M 40	29	112	00:00:00
140	Ernst Guido	ohne	00:10:28	01:05:01	00:29:48	01:45:17	M 45	14	113	00:00:00
141	Osterkamp Maïke		00:13:06	01:02:13	00:30:01	01:45:20	W 25	6	28	00:00:00
142	Golbs Andreas	German Stammtisch Pun	00:12:04	01:06:47	00:26:35	01:45:26	M 25	10	114	00:00:00
143	Schultze Harri	Willich	00:15:29	01:01:06	00:30:39	01:47:14	M 40	30	115	00:00:00
144	Streitberger Hans-Joachim	Münster	00:12:08	01:01:24	00:33:44	01:47:16	M 65	2	116	00:00:00
145	Müller Sven	Sendenhorst	00:13:46	01:02:32	00:31:36	01:47:54	M 30	19	117	00:00:00
146	Schlipf Lisa	Abgehts09	00:13:31	01:06:34	00:29:04	01:49:09	W 50	1	29	00:00:00
147	Langerbein Nicole	tri as hamm	00:12:48	01:03:12	00:33:17	01:49:17	W 40	7	30	00:00:00
148	Gerkmann Max	androgym MS	00:12:10	01:10:04	00:27:19	01:49:33	M 60	3	118	00:00:00
149	Just Daniel	Daniel Just	00:15:39	01:06:26	00:32:03	01:54:08	M 35	19	119	00:00:00
150	Kridde Axel	LOXX Logistics	00:13:47	01:08:29	00:33:09	01:55:25	M 50	9	120	00:00:00
151	Strothmann Michaela	TV Werne 03 Wasserfreu	00:15:57	01:06:24	00:37:35	01:59:56	W 35	5	31	00:00:00
152	Heinemann Birgit	Marathon steinfurt	00:12:49	01:17:02	00:32:40	02:02:31	W 45	5	32	00:00:00
153	Rummeling Simone	Marathon Steinfurt	00:13:14	01:16:38	00:33:24	02:03:16	W 35	6	33	00:00:00
154	Krützkemper Claudia	Münster	00:10:57	01:34:33	00:28:33	02:14:03	W 30	7	34	00:00:00