

9. Saerbecker Frühlingslauf 2011

Halbmarathon

Gesamtliste

Platz	AK Platz	M/W	Jg	St.Nr	Name/Vorname	Verein	AK.	Bruttozeit	Nettozeit
1	1	1	61	772	Heithorn, Andreas	Laufteam Sundermann	M 50	01:18:44	01:18:42
2	1	2	83	635	Witte, Daniel	VFL Kloster Oesede	M HK	01:19:56	01:19:53
3	1	3	69	765	Hußmann, Bert	LG Ems Warendorf	M 40	01:23:28	01:23:22
4	1	4	65	625	Pries, Walerij	Emsdetten	M 45	01:24:09	01:24:07
5	1	5	76	617	Steffen, Markus	SV Eintracht Neuenkirchen	M 35	01:24:35	01:24:30
6	2	6	71	796	Richter, Ingo	Marathon Ibbenbüren	M 40	01:26:00	01:25:41
7	2	7	73	645	Mussing, Thomas	LG Emsdetten	M 35	01:26:29	01:26:21
8	2	8	63	612	Dierkes, Manfred	TriRun Ibbenbüren	M 45	01:26:59	01:26:56
9	2	9	85	624	Kösters, Sven	Sportler 4 a childrens world e.V.	M HK	01:27:30	01:27:24
10	3	10	71	748	Köll, Stefan	SC Herringhausen	M 40	01:27:46	01:27:42
11	3	11	66	742	Avermann, Jörg	SC Herringhausen	M 45	01:27:46	01:27:42
12	4	12	70	622	Skubschewski, Ralf	LSF Münster	M 40	01:28:07	01:28:03
13	1	13	56	798	Holtkötter, Michael	LSF Münster	M 55	01:28:32	01:28:29
14	1	1	83	795	Schadt, Stefanie	LC Solbad Ravensberg	W HK	01:28:37	01:28:33
15	2	2	91	769	Großhopff, Isabelle	Ig ratio muenster	W HK	01:28:45	01:28:41
16	1	14	80	803	Welp, Robert	SV Teuto Riesenbeck	M 30	01:28:45	01:28:41
17	5	15	69	750	Brüseke, Andreas	TV Hohne	M 40	01:29:02	01:28:54
18	1	16	51	768	Sievers, Gerhard	LG Ratio	M 60	01:29:17	01:29:13
19	4	17	64	733	Wulf, Dierk	SC Herringhausen	M 45	01:30:06	01:30:03
20	2	18	78	628	Wilbers, Tobias	Münster	M 30	01:30:59	01:30:57
21	2	19	53	644	Grond, Josef	Marathon Steinfurt	M 55	01:31:06	01:31:03
22	5	20	62	737	Busch, Ludger	Hunteburger SV	M 45	01:31:12	01:31:08
23	6	21	70	773	Becks, Michael	TV Friesen Telgte	M 40	01:31:24	01:31:12
24	6	22	65	747	Wilke, Guido	SC Altenrheine	M 45	01:31:44	01:31:40
25	7	23	66	808	Schindler, Michael	Marathon Ibbenbüren	M 45	01:32:24	01:32:14
26	8	24	66	770	Bien, Rainer	SV Teuto Riesenbeck	M 45	01:32:33	01:32:26
27	7	25	67	792	Sturm, Stefan	Sternchen 04	M 40	01:33:06	01:33:02
28	9	26	66	735	Löhr, Carsten	TV Lengerich	M 45	01:33:27	01:33:19
29	10	27	63	790	Bröker, Hermann	LG Emsdetten	M 45	01:33:33	01:33:22
30	3	28	76	752	Franke, Frank	TV Hohne	M 35	01:33:39	01:33:30
31	2	29	51	762	Runde, Detlev	Marathon Ibbenbüren	M 60	01:33:54	01:33:50
32	8	30	71	640	Miethe, Ralf	TV Mesum	M 40	01:33:56	01:33:48
33	3	31	55	626	Lüdeman, Bernd	BSV Ostbevern	M 55	01:34:13	01:34:08
34	11	32	62	756	Häusler, Ralf	LiVe-Lauftreff in Versmold	M 45	01:35:26	01:35:17
35	9	33	68	767	Kuhnert, Axel	svc belm power	M 40	01:35:42	01:35:23
36	4	34	56	611	Hanemann, Siegfried	Marathon Ibbenbüren	M 55	01:35:47	01:35:39
37	2	35	61	745	Börger, Thomas	ohne	M 50	01:35:58	01:35:51
38	3	36	51	771	Bartusiak, Stanislaw	LSF Münster	M 60	01:36:02	01:35:57
39	12	37	65	793	Huesmann, Stephan	LSF Münster	M 45	01:36:56	01:36:52
40	13	38	66	807	Schnetgöhe, Reiner	Ibbenbüren	M 45	01:36:58	01:36:49
41	14	39	63	757	Lagemann, Thomas	Saerbeck	M 45	01:37:05	01:36:53
42	10	40	70	738	Kaup, Thomas	Neuenkirchen	M 40	01:37:12	01:37:00
43	11	41	67	801	Schulte, Jürgen	Münster	M 40	01:37:29	01:37:20
44	1	3	74	779	Auffenberg, Melanie	SC Altenrheine	W 35	01:38:00	01:37:52
45	12	42	71	604	Koch, Mark	Warendorf	M 40	01:38:16	01:37:59
46	15	43	65	755	Naatz, Olaf	TV Hohne	M 45	01:38:19	01:38:09
47	13	44	68	775	Gude, Ralf	LG Rheine Elte	M 40	01:38:47	01:38:35
48	14	45	71	774	Wiegard, Stefan	LG Rheine Elte	M 40	01:38:54	01:38:43
49	1	4	49	778	Horst, Hannelore	TV GM-Hütte	W 60	01:39:00	01:38:54

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50	16	46	62	630	Schräer, Christian	LG Emsdetten	M 45	01:39:31	01:39:20
51	3	47	60	631	Harbering, Andreas	LG Emsdetten	M 50	01:39:32	01:39:21
52	5	48	55	811	Adler, Peter	LG Emsdetten	M 55	01:39:33	01:39:18
53	15	49	69	806	Niemeyer, Marco	Osnabrücker SC LKG	M 40	01:40:13	01:39:56
54	16	50	69	619	Carstens, Oliver	Studio Aktiv OS	M 40	01:40:13	01:39:56
55	17	51	67	736	Grzeskiewicz, Thomas	Recke	M 40	01:40:42	01:40:30
56	3	52	80	741	Emsmann, Andreas	LAV Rheine	M 30	01:40:57	01:40:40
57	4	53	74	766	Fietze, Heiko	sc herringhausen	M 35	01:41:46	01:41:37
58	17	54	63	786	Eggemeier, Werner	Marathon Ibbenbüren	M 45	01:41:54	01:41:32
59	18	55	64	789	Breckweg, Bernward	Marathon Ibbenbüren	M 45	01:42:25	01:42:03
60	5	56	73	776	Beck, Maik	Marathon Ibbenbüren	M 35	01:42:25	01:42:05
61	19	57	66	634	Wewer, Christian	Grün-Weiß Steinbeck	M 45	01:42:54	01:42:43
62	3	58	84	607	Hülsmann, Alex	natureadventure	M HK	01:44:01	01:43:56
63	1	5	69	764	Hußmann, Claudia	LG Ems Warendorf	W 40	01:44:19	01:44:05
64	18	59	68	781	Victor, Holger	GW Gelmer	M 40	01:44:28	01:44:21
65	19	60	68	799	Korte, Ralf	TVE Greven Triathlon	M 40	01:44:44	01:44:33
66	4	61	58	809	Leyk, Heinrich	FC Stella Bevergern	M 50	01:44:48	01:44:20
67	2	6	75	610	Niedick, Tanja	ZRuFV Neuenkirchen e.V.	W 35	01:44:50	01:44:32
68	4	62	50	782	Reeker, Otto	SC Altenrheine	M 60	01:45:16	01:45:07
69	5	63	59	638	Weimer, Claus	TV Georgsmarienhütte	M 50	01:45:28	01:45:21
70	1	7	56	810	Hirsch, Andrea	LG Emsdetten	W 55	01:45:30	01:45:15
71	6	64	57	760	Hartlich, Klaus	TV Arnsberg	M 50	01:45:49	01:45:30
72	6	65	52	763	Schlüter, Ulrich	SV Teuto Riesenbeck	M 55	01:45:58	01:45:32
73	5	66	49	614	Mäss, Willi	LG Emsdetten	M 60	01:46:18	01:46:08
74	7	67	61	802	Richter, Manfred	Emsdetten	M 50	01:46:27	01:46:15
75	2	8	54	613	Mäss, Monika	LG Emsdetten	W 55	01:47:49	01:47:37
76	20	68	63	784	Pöttker, Jürgen	Marathon Ibbenbüren	M 45	01:47:51	01:47:30
77	6	69	51	788	Wedi, Wilhelm	RSG Emsdetten	M 60	01:47:51	01:47:41
78	1	9	61	804	Zollfrank, Anke	LG Emsdetten	W 50	01:47:58	01:47:35
79	3	10	55	758	Knoepke, Hildegard	Viermärker Dortmund	W 55	01:48:22	01:47:59
80	20	70	67	633	Schmedt, Rainer	HopLa Hopsten	M 40	01:48:39	01:48:22
81	4	71	77	632	Schmedt, Christian	HoplaHopsten	M 30	01:48:39	01:48:21
82	7	72	53	639	Wiebrock, Claus	TV Georgsmarienhütte	M 55	01:49:06	01:48:48
83	8	73	58	615	Hemesath, Franz-Josef	Emsdetten	M 50	01:49:23	01:49:05
84	21	74	63	791	Nigbur, Frank	TV Hohne	M 45	01:50:38	01:50:12
85	22	75	63	780	Ziese, Bernd	Münster	M 45	01:51:01	01:50:42
86	23	76	62	800	Wiethölter, Uwe	SV Dickenberg	M 45	01:51:05	01:50:46
87	8	77	54	743	Hagen, Manfred	LG Rheine-Elte	M 55	01:51:47	01:51:35
88	21	78	70	646	Konrad, Dominik	VFL Kloster Oesede	M 40	01:51:56	01:51:46
89	9	79	61	805	Hauert, Alfons	osc georgsmarienhütte	M 50	01:52:07	01:51:49
90	2	11	67	754	Menebröker, Karin	TV Hohne	W 40	01:53:44	01:53:31
91	2	12	61	608	Bergmann, Iris	DJK Grün-Weiß Nottuln	W 50	01:53:53	01:53:35
92	7	80	47	740	Mohnberg, Hans-Peter	DeutscheUltramarathonVereinigung	M 60	01:54:02	01:53:48
93	6	81	76	642	Yenen, Galip Yener	Saerbeck	M 35	01:55:15	01:55:09
94	10	82	61	794	Greiwe, Ottmar	LG Rheine Elte	M 50	01:57:01	01:56:36
95	22	83	68	749	Laznik, Christoph	Run4Fun Greven	M 40	01:57:23	01:57:09
96	1	13	62	744	Hagen, Astrid	LG Rheine-Elte	W 45	01:57:40	01:57:14
97	9	84	52	759	Upmann, Rudi	LG Rheine Elte	M 55	01:57:40	01:57:13
98	1	14	46	623	Rother, Marion	LSF-Münster	W 65	01:58:01	01:57:46
99	2	15	63	641	Strehlau, Lisa	Wüstenrunner	W 45	01:58:26	01:58:05
100	7	85	76	618	Köster, Henning	Osnabrück	M 35	01:59:04	01:58:43
101	11	86	59	761	Löpmeier, Thomas	Grün Weiß Steinbeck	M 50	01:59:44	01:59:30

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102	10	87	55	637	Pokar, Björn	TV Georgsmarienhütte	M 55	02:01:13	02:00:57
103	1	88	33	783	Ungemach, Andreas	tv Georgsmarienhütten	M 75	02:02:17	02:02:08
104	3	16	69	785	Pöttker, Petra	Marathon Ibbenbüren	W 40	02:02:46	02:02:21
105	12	89	58	629	Zimmermann, Michael	Grün-Weiß Steinbeck	M 50	02:04:33	02:04:19
106	4	17	54	813	Wichmann, Gerhild	LuG Rheine	W 55	02:06:05	02:05:43
107	3	18	58	787	Diemon-Wies, Inge	Noedwalde	W 50	02:07:04	02:06:50
108	23	90	69	746	Hoppe, Ingo	Brauschweig	M 40	02:08:49	02:08:33
109	3	19	90	753	Sumic, Christina	TV Hohne	W HK	02:08:57	02:08:44
110	11	91	56	751	Buczilowski, Eckhard	TV Hohne	M 55	02:09:45	02:09:31
111	8	92	75	812	Lüken, Guido	Lauffreunde Emsland	M 35	02:10:20	02:10:04
112	13	93	61	609	Daut, Hans-Jörg	Come On	M 50	02:10:33	02:10:18
113	4	20	58	777	Schwarzkopp, Anette	LSF Münster	W 50	02:10:42	02:10:19
114	4	21	86	797	Derhake, Luisa	Marathon Ibbenbüren	W HK	02:11:38	02:11:14